

**St Oswald's Catholic Primary School - PSHE Curriculum by year group**

<b>EYFS</b>		
<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>
<p><b>St Oswald's Way:</b>  <i>Know the pocket principles: Be respectful, be responsible, be ready to learn.</i>  <i>Use good manners, speak clearly and precisely.</i>  <i>Know I need to be in school each day and arrive on time.</i></p> <p><b>Ten: Ten: Created and loved by God</b> explores the individual. Rooted in the teaching that we are created by God out of love and for love, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.</p> <p>Handmade with love: We are created individually by God as part of His creation plan We are all God's children and are special                      Our bodies were created by God and are good We can give thanks to God!</p> <p>I am me: We are each unique, with individual gifts, talents and skills. Whilst we all have similarities because we are made in God's image, difference is part of God's plan!</p> <p>Heads, shoulders, knees and toes: Our bodies are good and made by God The names of the parts of the body (not genitalia)</p> <p>Ready Teddy?: That our bodies are good and we need to look after them What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene</p>	<p><b>Ten:Ten: Created to love others</b> explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, exploring how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.</p> <p>Safe inside and out: About safe and unsafe situations indoors and outdoors, including online. That they can ask for help from their special people.</p> <p>My body, my rules: To know they are entitled to bodily privacy That they can and should be open with 'special people' they trust if anything troubles them                      That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest</p> <p>Feeling poorly: Medicines should only be taken when a parent or doctor gives them to us. Medicines are not sweets. We should always try to look after our bodies because God created them and gifted them to us.</p> <p>People who help us: There are lots of jobs designed to help us. Paramedics help us in a medical emergency. First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance</p> <p>Who's who? Identify special people (e.g. parents, carers, friends) and what makes them special. The importance of the nuclear family and of the wider family. The importance of being close to and trusting</p>	<p><b>Ten:Ten: Created to live in community</b> explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.</p> <p>God is love: That God is love - Father, Son and Holy Spirit. That being made in His image means being called to be loved and to love others</p> <p>Loving God, loving others: What a community is, and that God calls us to live in community with one another Some Scripture illustrating the importance of living in a community No matter how small our offerings, they are valuable to God and He can use them for His glory.</p> <p>Me, You, Us: That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc. That we have a duty of care for others and for the world we live in (charity work, recycling, etc.) About what harms and what improves the world in which they live</p> <p><i>Faiths –                      See Come and See for RE lessons</i></p> <p><b>No Outsiders:</b>  <i>To celebrate our own and others family dynamics                      To know we can be friends with anyone.</i></p>

<p>I like, you like, you like, we all like: That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc) That it is natural for us to relate to and trust one another</p> <p>All the Feelings! A language to describe their feelings An understanding that everyone experiences feelings, both good and bad. Simple strategies for managing feelings</p> <p>Let's Get Real: Simple strategies for managing emotions and behaviour That we have choices, and these choices can impact how we feel and respond. We can say sorry and forgive like Jesus</p> <p>Growing up: That there are natural life stages from birth to death, and what these are</p> <p><i>Faiths – See Come and See for RE lessons Christianity focus – Jesus' family and the Nativity story Judaism - Hannukkah</i></p> <p><b>No Outsiders:</b> Being able to choose what you like It's OK to like different things.</p> <p><b>Whole School Assembly Focus:</b> British Values Black History Month Anti-bullying PC – Age</p> <p>Statement to Live by focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.</p>	<p>of 'special people' and telling them is something is troubling them</p> <p>You've got a friend in me: How their behaviour affects other people and that there is appropriate and inappropriate behaviour The characteristics of positive and negative relationships About different types of teasing and that all bullying is wrong and unacceptable</p> <p>Forever friends: To recognise when they have been unkind to others and say sorry. That when we are unkind, we hurt God and should say sorry. To recognise when people are being unkind to them and others and how to respond. That we should forgive like Jesus forgives.</p> <p><i>Faiths – See Come and See for RE lessons Islam – Prayer mats</i></p> <p><b>No Outsiders:</b> To know we are all different to know that families are all different.</p> <p><b>Whole School Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>Statement to Live by focus: Belonging and community, effective relationships, growth mindset.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Know things cost money to replace and we need to take care of school and our belongings.</p>	<p><b>Whole School Assembly Focus:</b> Birthday of Buddha, Accessibility to Sports, Celebrating Uniqueness, Self-confidence, Accessibility in Society</p> <p>Statement to Live by focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Know the world is a big place and we can explore it.</p>
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**Year 1**

**Autumn**

**Spring**

**Summer**

**St Oswald's Way:**

Know the pocket principles: Be respectful, be responsible, be ready to learn.

Use good manners, speak clearly and precisely.

Know I need to be in school each day and arrive on time.

**Ten: Ten: Created and Loved by God**

Let the children come: We are created individually by God; God wants us to talk to Him often through the day and treat Him as our best friend; God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness; We are created as a unity of body, mind and spirit: who we are matters and what we do matters; We can give thanks to God in different ways.

Feelings, likes and dislikes: That it is natural for us to relate to and trust one another; That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc); language to describe our feelings

Feelings inside and out Children will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.

Super Susie gets angry: Simple strategies for managing feelings and for good behaviour; That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do; That Jesus died on the cross so that we would be forgiven.

**Ten:Ten: Created to Love Others**

God Loves You: 'The Prodigal Son' shows that God loves us, and nothing we can do will stop Him from loving us. How does this story fit with our lives?

Special People: To identify the 'special people' in their lives and what makes them special. Through exploring Super Susie's network - her Super Special Squad - understand the importance of the nuclear and wider family, and of being close to and trusting their special people, especially their parents. Learn that it is important to talk to their special people about things that are troubling them.

Treat Others Well: Investigate how their behaviour can affect other people, identify appropriate and inappropriate behaviours and the effects that they can have.

Say Sorry: Know the significance of saying sorry, learning that our behaviour can not only upset other people, but it can hurt God too.

Real Life Online: To understand that just like we can feel joy and feel upset in the different places we go physically, we can feel joy and feel upset in the different places we go to digitally too. Learning about the internet and that we need to establish some rules to keep us safe.

Rules To Help Us: To recognise safe and unsafe situations in real life and online, understanding that being safe is not just about physical precautions, they also need to feel safe on the inside.

Good and Bad Secrets: To learn the difference between good secrets that are safe to keep, and bad

**Ten:Ten: Created to live in community**

Who is My Neighbour?: Through the story of The Good Samaritan, children will learn who their neighbour is – everyone! Reflect on what this means for them and their communities.

The Communities We Live In: Learn about the different communities that they are part of, both local and global. Understand rights and responsibilities that come with belonging.

*Faiths –  
See Come and See for RE lessons*

**No Outsiders:**

To know we share the world with lots of different people

To know how to ask for help and work with different people

**Whole School**

**Assembly Focus:**

Birthday of Buddha,  
Accessibility to Sports,  
Celebrating Uniqueness,  
Self-confidence,  
Accessibility in Society

STLB Focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.

**Economic Understanding / Careers & Aspirations:**

Know the world is a big place and we can explore it.

<p>The cycle of life: Children will know and appreciate that there are natural life stages from birth to death, and what these are.</p> <p><i>Faiths– See Come and See for RE lessons Christianity focus – The symbols of Christianity Judaism – Abraham and Moses</i></p> <p><b>No Outsiders:</b> To like ourselves for who we are and the way we look To join in.</p> <p><b>Assembly Focus:</b> British Values Black History Month Anti-bullying PC – Age</p> <p>STLB Focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.</p>	<p>secrets that are unsafe to keep, learning how to resist pressure when feeling unsafe.</p> <p>Physical Contact: The PANTS rule - resources from the NSPCC.</p> <p>Harmful Substances: Learn about harmful substances such as alcohol and tobacco and the effect they can have on our bodies.</p> <p>Can You Help Me?: What makes a situation a 999 emergency? Introduction to the principles of basic First Aid.</p> <p><i>Faiths – See Come and See for RE lessons Islam – Muhammad</i></p> <p><b>No Outsiders:</b> To find ways to play together To be proud to be ourselves.</p> <p><b>Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>STLB Focus: Belonging and community, effective relationships, growth mindset.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Know things cost money to replace and we need to take care of school and our belongings.</p>	
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**Year 2**

**Autumn**

**Spring**

**Summer**

**St Oswald's Way:**

Know the pocket principles: Be respectful, be responsible, be ready to learn.

Use good manners, speak clearly and precisely.

Know I need to be in school each day and arrive on time.

**Ten: Ten: Created and Loved by God**

Let the children come: We are created individually by God; God wants us to talk to Him often through the day and treat Him as our best friend; God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness; We are created as a unity of body, mind and spirit: who we are matters and what we do matters; We can give thanks to God in different ways.

Feelings, likes and dislikes: That it is natural for us to relate to and trust one another; That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc); language to describe our feelings

Feelings inside and out Children will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.

Super Susie gets angry: Simple strategies for managing feelings and for good behaviour; That choices have consequences; that when we make mistakes, we are called to receive forgiveness and to forgive others when they do; That Jesus died on the cross so that we would be forgiven.

**Ten:Ten: Created to Love Others**

God Loves You: 'The Prodigal Son' shows that God loves us, and nothing we can do will stop Him from loving us. How does this story fit with our lives?

Special People: To identify the 'special people' in their lives and what makes them special. Through exploring Super Susie's network - her Super Special Squad - children will understand the importance of the nuclear and wider family, and of being close to and trusting their special people, especially their parents. They will also learn that it is important to talk to their special people about things that are troubling them.

Treat Others Well: Investigate how their behaviour can affect other people, identify appropriate and inappropriate behaviours and the effects that they can have.

Say Sorry: Know the significance of saying sorry, learning that our behaviour can not only upset other people, but it can hurt God too.

Real Life Online: To understand that just like we can feel joy and feel upset in the different places we go physically, we can feel joy and feel upset in the different places we go to digitally too. Learning about the internet and that we need to establish some rules to keep us safe.

Rules To Help Us: To recognise safe and unsafe situations in real life and online, understanding that being safe is not just about physical precautions, they also need to feel safe on the inside.

**Ten:Ten: Created to live in community**

Who is My Neighbour?: Through the story of The Good Samaritan, children will learn who their neighbour is – everyone! Reflect on what this means for them and their communities.

The Communities We Live In: Learn about the different communities that they are part of, both local and global. Understand rights and responsibilities that come with belonging.

*Faiths –*

*See Come and See for RE lessons*

*Judaism – Kippah, Hannukah, dreidels, menorah*

**No Outsiders:**

To communicate in different ways

To know we belong

**Whole School**

**Assembly Focus:**

Birthday of Buddha,

Accessibility to Sports,

Celebrating Uniqueness,

Self-confidence,

Accessibility in Society

STLB Focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.

**Economic Understanding / Careers & Aspirations:**

Know what money is, the forms it takes, that money comes from different sources; Know that jobs help people earn money to pay for things.

<p>The cycle of life: Children will know and appreciate that there are natural life stages from birth to death, and what these are.</p> <p><i>Faiths – See Come and See for RE lessons Judaism, Synagogue and Torah, Moses and Rosh Hashana, Shabbat</i></p> <p><b>No Outsiders:</b> To welcome different people To have self-confidence.</p> <p><b>Assembly Focus:</b> British Values Black History Month Anti-bullying PC – Age</p> <p>STLB Focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.</p>	<p>Good and Bad Secrets: To learn the difference between good secrets that are safe to keep, and bad secrets that are unsafe to keep, learning how to resist pressure when feeling unsafe.</p> <p>Physical Contact: The PANTS rule - resources from the NSPCC.</p> <p>Harmful Substances: Learn about harmful substances such as alcohol and tobacco and the effect they can have on our bodies.</p> <p>Can You Help Me?: What makes a situation a 999 emergency? Introduction to the principles of basic First Aid.</p> <p><i>Faiths – See Come and See for RE lessons Judaism - Moses focussing on the Passover, matzah, seder plate Islam – Prayer at home</i></p> <p><b>No Outsiders:</b> To understand what diversity is What makes a good friend?</p> <p><b>Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>STLB Focus: Belonging and community, effective relationships, growth mindset.</p>	
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**Year 3**

**Autumn**

**Spring**

**Summer**

**St Oswald's Way:**

Know the pocket principles: Be respectful, be responsible, be ready to learn.

Use good manners, speak clearly and precisely.

Know I need to be in school each day and arrive on time.

**Ten: Ten: Created and loved by God** explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Get Up!: Learn that they are created by God out of love and for love: they were designed for this purpose, which should inform how they live.

The Sacraments of Baptism and Reconciliation: Children will understand that through prayer, the Sacraments and our friendships and relationships with others, we can have a foretaste of heaven.

We Don't Have to be the same: Recognise that people are unique and that our similarities and differences should be celebrated. Know that God's love as the foundation of our self-confidence.

Respecting Our Bodies: Explore the importance of respecting our bodies as a gift from God in very practical ways, such as clothing, food and physical exercise.

**Ten:Ten: Created to Love Others** explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.

Jesus, My Friend: Through the story of the two brothers in the Prodigal Son, children will learn about different types of sin, and the importance of forgiveness in relationships.

Family, Friends and Others... Identify more complex relationships in their lives, including family, friends and other people, and explore how to relate to people within these different relationships. Learn what it means to be a good friend and learn some strategies to use when relationships become difficult.

When Things Feel Bad: Learn how to recognise bullying and abuse (including physical bullying and emotional bullying online). Take part in discussions and roleplay activities to consider how bullying affects people, and what strategies can be employed to resist pressure and practise resilience.

Sharing Online: Learn that the digital world is one that children need to take steps to stay safe in, just like the real world. Learn steps to keep themselves safe.

Chatting Online: Learn to stay safe online when chatting with others. Understand what cyberbullying is.

**Ten:Ten: Created to live in community** explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

A Community of Love: Develop an understanding of the community aspect of the Holy Trinity.

What is the Church?: Learn about the wider Church and its mission to reflect the Holy Trinity through love for others. Introduce the principles of Catholic Social Teaching.

How do I love others?: Know how we can put love into action in the communities we live in. Learn how the Church has grown out of God's love for us and how it can be an example and a means of loving and caring for others.

*Faiths –  
See Come and See for RE lessons  
Hinduism – Living Hindu traditions*

**No Outsiders:**  
To recognise and help an outsider to consider life in modern Britain

**Whole School  
Assembly Focus:**  
Birthday of Buddha,  
Accessibility to Sports,  
Celebrating Uniqueness,  
Self-confidence,  
Accessibility in Society

<p>What is Puberty?: Develop a base-level understanding of what puberty is and why we go through it.</p> <p>Changing Bodies: Learn to use the correct terminology for genitalia relating to the discussion on puberty and explore some of the specific physical and emotional changes that will take place for boys and girls over the coming years.</p> <p><i>Faiths – See Come and See for RE lessons Hinduism -Story of Rama and Sita Judaism - Synagogue</i></p> <p><b>No Outsiders:</b> To understand discrimination To understand what a bystander is.</p> <p><b>Assembly Focus:</b> British Values Black History Month Anti-bullying PC – Age</p> <p>STLB Focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.</p>	<p>Safe In My Body: Learn physical contact is appropriate and inappropriate. Children will be introduced to the term ‘abuse’ and discuss different kinds of abuse. Children will be asked to think of trusted adults that they can talk to about any issues they may face.</p> <p>Drugs, Alcohol and Tobacco: Learn some key information and facts about drugs, alcohol and tobacco.</p> <p>First Aid Heroes: Learn how First Aid, quick reactions and staying calm during an emergency can make the difference between life and death. Children will learn that they don’t need to feel afraid, because God holds us up and gives us strength.</p> <p><i>Faiths – See Come and See for RE lessons Hinduism -Other Hindu stories Islam – The mosque</i></p> <p><b>No Outsiders:</b> To know how to be welcoming to recognise a stereotype.</p> <p><b>Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>STLB Focus: Belonging and community, effective relationships, growth mindset.</p>	<p>STLB Focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Know what money is, the forms it takes, that money comes from different sources; Know that jobs help people earn money to pay for things.</p>
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**Year 4**

**Autumn**

**St Oswald's Way:**  
 Know the pocket principles: Be respectful, be responsible, be ready to learn.  
 Use good manners, speak clearly and precisely.  
 Know I need to be in school each day and arrive on time.

**Ten: Ten: Created and loved by God** explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Get Up!: Learn that they are created by God out of love and for love: they were designed for this purpose, which should inform how they live.

The Sacraments of Baptism and Reconciliation: Children will understand that through prayer, the Sacraments and our friendships and relationships with others, we can have a foretaste of heaven.

We Don't Have to be the same: Recognise that people are unique and that our similarities and differences should be celebrated. Know that God's love as the foundation of our self-confidence.

Respecting Our Bodies: Explore the importance of respecting our bodies as a gift from God in very practical ways, such as clothing, food and physical exercise.

What is Puberty?: Develop a base-level understanding of what puberty is and why we go through it.

**Spring**

**Ten:Ten: Created to Love Others** explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.

Jesus, My Friend: Through the story of the two brothers in the Prodigal Son, children will learn about different types of sin, and the importance of forgiveness in relationships.

Family, Friends and Others... Identify more complex relationships in their lives, including family, friends and other people, and explore how to relate to people within these different relationships. Learn what it means to be a good friend and learn some strategies to use when relationships become difficult.

When Things Feel Bad: Learn how to recognise bullying and abuse (including physical bullying and emotional bullying online). Take part in discussions and roleplay activities to consider how bullying affects people, and what strategies can be employed to resist pressure and practise resilience.

Sharing Online: Learn that the digital world is one that children need to take steps to stay safe in, just like the real world. Learn steps to keep themselves safe.

Chatting Online: Learn to stay safe online when chatting with others. Understand what cyberbullying is.

**Summer**

**Ten:Ten: Created to live in community** explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

A Community of Love: Develop an understanding of the community aspect of the Holy Trinity.

What is the Church?: Learn about the wider Church and its mission to reflect the Holy Trinity through love for others. Introduce the principles of Catholic Social Teaching.

How do I love others?: Know how we can put love into action in the communities we live in. Learn how the Church has grown out of God's love for us and how it can be an example and a means of loving and caring for others.

*Faiths – See Come and See*  
*Islam – The 5 pillars of Islam*

**No Outsiders:**  
 To look after our mental health to show acceptance

**Whole School Assembly Focus:**  
 Birthday of Buddha,  
 Accessibility to Sports,  
 Celebrating Uniqueness,  
 Self-confidence,

<p>Changing Bodies: Learn to use the correct terminology for genitalia relating to the discussion on puberty and explore some of the specific physical and emotional changes that will take place for boys and girls over the coming years.</p> <p><i>Faiths – See Come and See Islam – Ramadan</i></p> <p><b>No Outsiders:</b> To help someone accept difference To choose when to be assertive.</p> <p><b>Assembly Focus:</b> British Values Black History Month Anti-bullying PC – Age</p> <p>STLB Focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.</p>	<p>Safe In My Body: Learn physical contact is appropriate and inappropriate. Children will be introduced to the term ‘abuse’ and discuss different kinds of abuse. Children will be asked to think of trusted adults that they can talk to about any issues they may face.</p> <p>Drugs, Alcohol and Tobacco: Learn some key information and facts about drugs, alcohol and tobacco.</p> <p>First Aid Heroes: Learn how First Aid, quick reactions and staying calm during an emergency can make the difference between life and death. Children will learn that they don’t need to feel afraid, because God holds us up and gives us strength.</p> <p><i>Faiths – See Come and See Islam – A Day in the Life of a Muslim &amp; The Qur’an</i></p> <p><b>No Outsiders:</b> To be proud of who you are to find a common ground.</p> <p><b>Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>STLB Focus: Belonging and community, effective relationships, growth mindset.</p>	<p>Accessibility in Society</p> <p>STLB Focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Know about different types of jobs, especially those in our community; Set goals for the future – socially, academically etc</p>
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Year 5		
Autumn	Spring	Summer
<p><b>St Oswald's Way:</b>            Know the pocket principles: Be respectful, be responsible, be ready to learn.            Use good manners, speak clearly and precisely.            Know I need to be in school each day and arrive on time.</p> <p><b>Ten: Ten: Created and loved by God</b> explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.</p> <p>Calming the Storm: Know the Gospel story of Jesus calming the storm. Children will learn that they are created by God who cares for us and wants us to put our faith in Him.</p> <p>Gifts and Talents: Learning that difference - whether physical or skills based - should be celebrated as enriching to a community.</p> <p>Girls' Bodies: Learn about the physical changes that boys and girls experience during puberty, specifically the physical changes that take place for girls.</p> <p>Boys' Bodies: Learn about the physical changes that boys and girls experience during puberty; specifically the physical changes that take place for boys.</p>	<p><b>Ten:Ten: Created to Love Others</b> explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, children learn how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.</p> <p>God Is Calling You: Look at the nature of God's call to love others. Children explore ways in which they can hear God's call in their lives.</p> <p>Under Pressure: Learn about spoken and unspoken pressure, particularly from their peers and strategies to resist it.</p> <p>Do You Want A Piece of Cake?: Discuss the issue of consent and bodily autonomy, equipping the children with the ability and confidence to say 'no'.</p> <p>Self-Talk: Learn about self-pressure and how this can have a huge effect on how they relate to the world and the people around them.</p> <p>Build Others Up: Address the concepts of fairness, bullying, prejudice and discrimination, with reference to the protected characteristics as determined by the Equality Act 2010, all within the Christian belief that everyone is made in the image and likeness of God, is loved unconditionally by Him, has equal dignity and is deserving of equal respect.</p> <p><i>Faiths – See Come and See</i></p>	<p><b>Ten:Ten: Created to live in community</b> explores the individual's relationship with the wider world, exploring how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.</p> <p>The Holy Trinity: Consider how they can allow the Holy Spirit to work through them to share God's love in the world.</p> <p>Catholic Social Teaching: Learn how God wants us to live in society with each other. Learn the principles of CST, how we can apply these to daily life.</p> <p>Reaching Out: Know the principles of CST and show how they are relevant day to day. Apply Catholic Social Teaching to issues in the world and come up with ways of reaching out to others and spreading God's love in their communities.</p> <p><i>Faiths – See Come and See Buddhism – Buddhism in the modern world.</i></p> <p><b>No Outsiders:</b>            To explore friendship to exchange dialogue and express opinion</p> <p><b>Whole School Assembly Focus:</b>            Birthday of Buddha, Accessibility to Sports,</p>

<p>Spots and Sleep: Understand they should respect their bodies as gifts from God by looking after them appropriately. Learn that good choices regarding rest, sleep, exercise, personal hygiene and diet will have a positive impact on their health.</p> <p>Body Image: Know about the pressures pubescent young people can face from others, their own expectations and the media. Explore these and other pressures that they may experience, developing ideas of how to build resilience through thankfulness.</p> <p>Peculiar Feelings: Learn that some behaviours are always wrong, no matter what feelings accompany them, and learn to take responsibility for actions.</p> <p>Emotional Changes: How to manage emotions and feelings in a variety of circumstances.</p> <p>Seeing Stuff Online: Learn about the emotional and mental impact that videos and images of an adult nature can have on children and young people. Relationships with online devices.</p> <p>Making Babies: Understand how a baby grows in the womb.</p> <p>Making Babies (Part 2) Learn some key information and facts about sexual intercourse, underpinned with the religious understanding that sexual intercourse is intended for married couples and has been designed by God.</p> <p>Menstruation: Learn about how girls manage their periods (menstruation), and understand some of their possible side effects (including PMS). Learn why</p>	<p><i>Buddhism – The eight-fold path</i> <i>Islam – Ramadan and Pilgrimage</i></p> <p><b>No Outsiders:</b> To consider response to racist behaviour to recognise when someone needs help.</p> <p><b>Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>STLB Focus: Belonging and community, effective relationships, growth mindset.</p>	<p>Celebrating Uniqueness, Self-confidence, Accessibility in Society</p> <p>STLB Focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Understand the different ways people pay for things and how their choices may be influenced Recognise that some people have different attitudes towards saving and spending money and why decisions may be made around this Recognise what makes something good value for money Know that people’s spending decisions can affect others and the environment: FairTrade, single use plastic, charitable giving Understand that people make spending decisions based on priorities, needs and wants. Recognise positive things about themselves and set goals to achieve outcomes</p>
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periods happen, that fertility is necessary to bring a child into the world, and how the menstrual cycle is part of God's plan for creation.

Hope Beyond Death: Discuss death and grief. Framed within the Christian understanding of eternal life, this session helps pupils to consider and communicate about death in a direct yet gentle way, reflect compassionately on the complexities of grief and consider ways to support themselves and others.

*Faiths –*

*See Come and See*

*Buddhism – The wheel of Dharma*

*Judaism - Passover*

**No Outsiders:**

To consider consequences

To justify my actions.

**Assembly Focus:**

British Values

Black History Month

Anti-bullying

PC – Age

STLB Focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.

**Year 6**

**Autumn**

**Spring**

**Summer**

**St Oswald's Way:**

Know the pocket principles: Be respectful, be responsible, be ready to learn.

Use good manners, speak clearly and precisely.

Know I need to be in school each day and arrive on time.

**Ten: Ten: Created and loved by God** explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Calming the Storm: Know the Gospel story of Jesus calming the storm. Children will learn that they are created by God who cares for us and wants us to put our faith in Him.

Gifts and Talents: Learning that difference - whether physical or skills based - should be celebrated as enriching to a community.

Girls' Bodies: Learn about the physical changes that boys and girls experience during puberty, specifically the physical changes that take place for girls.

Boys' Bodies: Learn about the physical changes that boys and girls experience during puberty; specifically, the physical changes that take place for boys.

**Ten:Ten: Created to Love Others** explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, children learn how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.

God Is Calling You: Look at the nature of God's call to love others. Children explore ways in which they can hear God's call in their lives.

Under Pressure: Learn about spoken and unspoken pressure, particularly from their peers and strategies to resist it.

Do You Want A Piece of Cake?: Discuss the issue of consent and bodily autonomy, equipping the children with the ability and confidence to say 'no'.

Self-Talk: Learn about self-pressure and how this can have a huge effect on how they relate to the world and the people around them.

Build Others Up: Address the concepts of fairness, bullying, prejudice and discrimination, with reference to the protected characteristics as determined by the Equality Act 2010, all within the Christian belief that everyone is made in the image and likeness of God, is loved unconditionally by Him, has equal dignity and is deserving of equal respect.

**Ten:Ten: Created to live in community** explores the individual's relationship with the wider world, exploring how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

The Holy Trinity: Consider how they can allow the Holy Spirit to work through them to share God's love in the world.

Catholic Social Teaching: Learn how God wants us to live in society with each other. Learn the principles of CST, how we can apply these to daily life.

Reaching Out: Know the principles of CST and show how they are relevant day to day. Apply Catholic Social Teaching to issues in the world and come up with ways of reaching out to others and spreading God's love in their communities.

*Faiths –  
See Come and See  
Sikhism – Sikhism in the modern world*

**No Outsiders:**  
To show acceptance  
to consider democracy

**Whole School  
Assembly Focus:**  
Birthday of Buddha,

<p>Spots and Sleep: Understand they should respect their bodies as gifts from God by looking after them appropriately. Learn that good choices regarding rest, sleep, exercise, personal hygiene and diet will have a positive impact on their health.</p> <p>Body Image: Know about the pressures pubescent young people can face from others, their own expectations and the media. Explore these and other pressures that they may experience, developing ideas of how to build resilience through thankfulness.</p> <p>Peculiar Feelings: Learn that some behaviours are always wrong, no matter what feelings accompany them, and learn to take responsibility for actions.</p> <p>Emotional Changes: How to manage emotions and feelings in a variety of circumstances.</p> <p>Seeing Stuff Online: Learn about the emotional and mental impact that videos and images of an adult nature can have on children and young people. Relationships with online devices.</p> <p>Making Babies: Understand how a baby grows in the womb.</p> <p>Making Babies (Part 2) Learn some key information and facts about sexual intercourse, underpinned with the religious understanding that sexual intercourse is intended for married couples and has been designed by God.</p> <p>Menstruation: Learn about how girls manage their periods (menstruation), and understand some of their</p>	<p><i>Faiths – See Come and See Sikhism – Islam – Guidance for Muslims</i></p> <p><b>No Outsiders:</b> To overcome fears about difference to consider the causes of racism.</p> <p><b>Assembly Focus:</b> Everyone can achieve, BV – Rule of Law, Internet safety, Fairtrade, BV – Mutual Respect</p> <p>STLB Focus: Belonging and community, effective relationships, growth mindset.</p>	<p>Accessibility to Sports, Celebrating Uniqueness, Self-confidence, Accessibility in Society</p> <p>STLB Focus: Keeping safe, forgiveness, human dignity, mutual respect and tolerance.</p> <p><b>Economic Understanding / Careers &amp; Aspirations:</b> Learn about stereotypes in the workplace and that a person’s career aspirations should not be limited by them. Know why certain careers may be chosen by people (family connection, salary etc), and that some are paid more than others (attend Careers’ Fair at CHCS) Know there are different ways to track money Know that there are risks associated with money and how it can be kept safe Learn about the skills that will help them in their future careers – teamwork, communication, negotiation Learn about the risks involved in gambling, and how money can be won or lost and the impact on individuals and families Know that there are a variety of routes into work – college, apprenticeships, university etc (university visit)</p>
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possible side effects (including PMS). Learn why periods happen, that fertility is necessary to bring a child into the world, and how the menstrual cycle is part of God's plan for creation.

Hope Beyond Death: Discuss death and grief. Framed within the Christian understanding of eternal life, this session helps pupils to consider and communicate about death in a direct yet gentle way, reflect compassionately on the complexities of grief and consider ways to support themselves and others.

*Faiths –*

*See Come and See*

*Sikhism – Story of Guru Nanak and the teachings of the gurus*

*Judaism – Rosh Hashanah and Yom Kippur*

**No Outsiders:**

To consider responsible immigration

To consider language and freedom of speech.

**Assembly Focus:**

British Values

Black History Month

Anti-bullying

PC - Age

STLB Focus: Uniqueness, self-awareness, self-esteem and confidence; social justice and responsibility; healthy lifestyles – mind, body, spirit.